

# Retired Senior Volunteer Program RSVP Newsletter

## 719 S Main Street Belen, NM



**AmeriCorps**  
Seniors



**Fight  
the  
Flu**  
It starts with you



*Flu Shot Clinic Was A Success!*

**On October 15th, RSVP hosted a Flu Shot Clinic sponsored by**

***Walgreens In Belen***

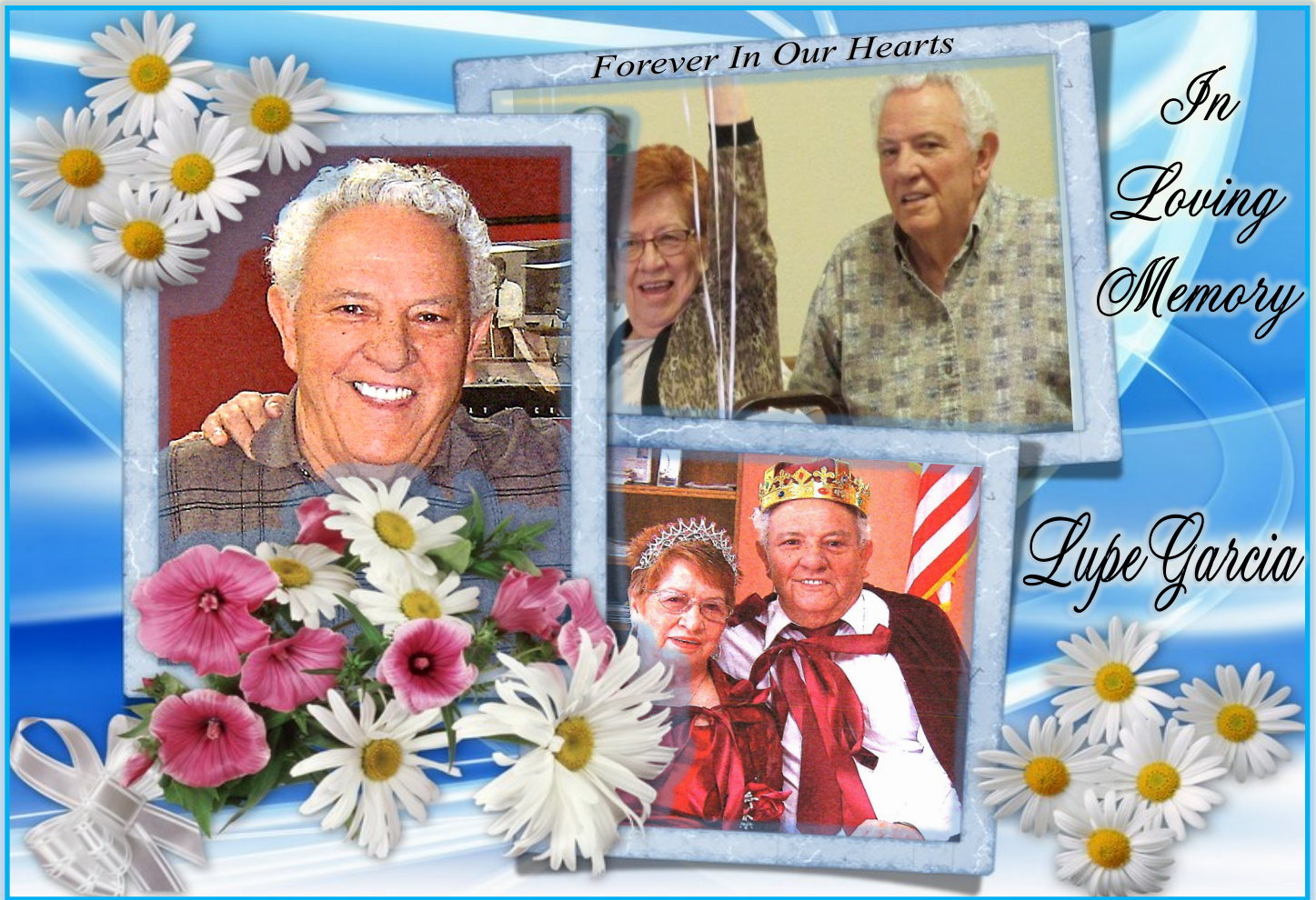
**The clinic was a huge success, and 65 flu shots were distributed. A special Thank You to Walgreens for all you did to make this a success for Valencia County.**



### **Social Security Benefits To Increase In 2022**

**Social Security Benefits will increase 5.9% in 2022 due to the annual cost of living adjustment.**





*We would like to express our gratitude to City of Belen employee, Robert Lucero*

Robert is a long standing employee of the City of Belen, and after all his years of dedicated service, he will be retiring. Robert assisted RSVP in maintaining the RSVP park on 10th and Ross. We can always count on him to help in operating heavy equipment machinery when needed in various projects such as planting trees and shrubbery in the RSVP park. Robert also assisted in the construction of the Belen Veterans Memorial with heavy equipment operation.

*Thank you for all you do Robert, you are always appreciated!*



## COVID-19 BOOSTER SHOTS

**FREE FREE FREE FREE**

**If you are interested in the Covid-19 booster vaccine, RSVP can help you set your appointment.**

**For more information about obtaining a Covid-19 booster shot, please call:**

**Bertha Flores**  
**RSVP Director**  
**505-966-2567**

**Cindy Lu Hurbina**  
**RSVP Assistant**  
**505-966-2566**

### Belen Veterans Memorial at Eagle Park

**Come join us for refreshments on**

**Thursday, November 11th**  
**10:00 am-1:00 pm**

**Place your order for a memorial brick.**

**MEMORIAL BRICK SPECIAL**  
**~ ONE DAY ONLY ~**  
**\$30.00 (REG. \$40.00)**



### Free Flu Shot Clinic

**Hosted by**  
**Belen Consolidated Schools**  
**&**

**Belen Public Health Department**

There is no charge to those attending the clinic, but everyone should bring their insurance card, including Medicaid or Medicare

ANYONE 6 MONTHS AND OLDER ARE WELCOME

**Monday, November 1st**  
**9:00 am-11:30 am**  
**Rio Grande Elementary**

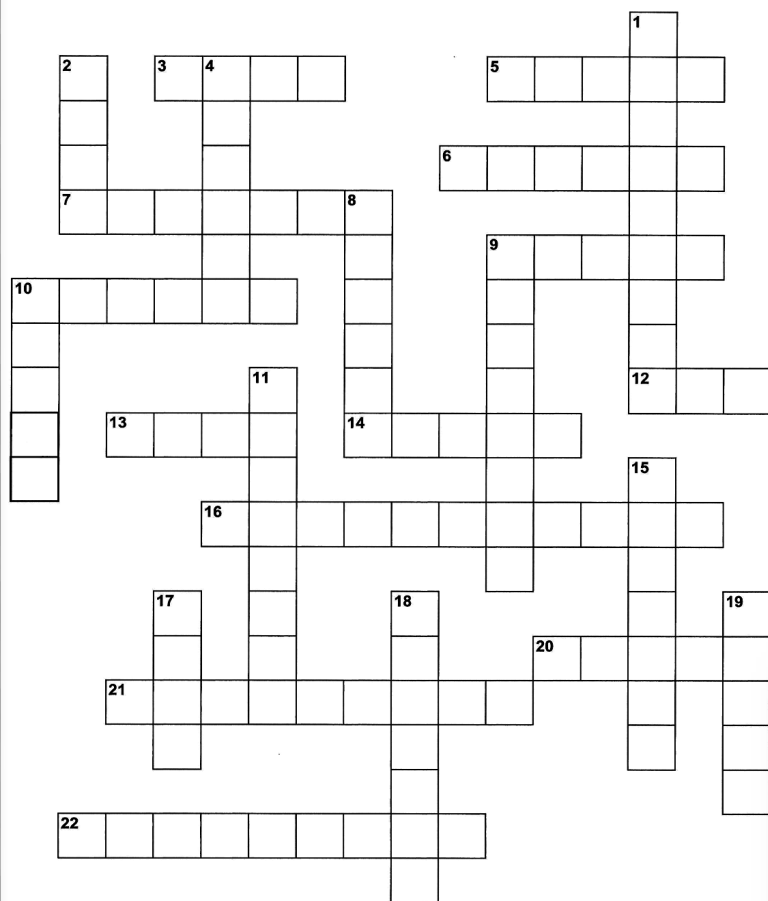
**Wednesday, November 3rd**  
**9:00 am-12:00 pm**  
**La Merced Elementary**

**La Merced Elementary**  
**Thursday, November 4th**  
**9:00 am-12:00 pm**  
**La Promesa Elementary**  
**&**  
**Gil Sanchez Elementary**

The seasonal flu vaccine protects against the influenza viruses which are expected to be most common during the upcoming season. Vaccination remains the best protection against influenza.

Flu vaccines are offered in many locations, including doctor's offices, hospitals, and pharmacies, as well as by many employers and some schools. Public Health offices throughout the state have vaccines available for those without insurance.

## DECEMBER



## ACROSS

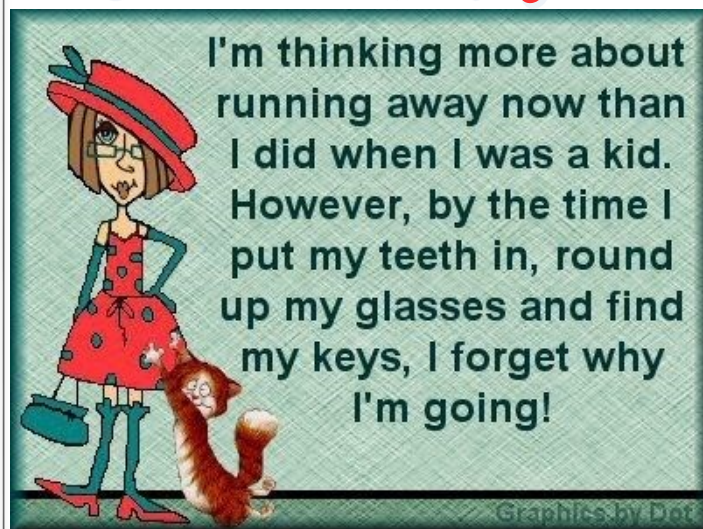
## DOWN

- 3 Present  
5 Sound that has rhythm, melody, or harmony produced by voice or instrument  
6 Season between autumn and spring  
7 Activity of moving the body to music for enjoyment  
9 Has shiny green leaves with prickly edges and berries  
10 Long handled scoop for digging  
12 New Year's \_\_\_\_\_  
13 Evergreen tree with needle shaped leaves  
14 Visible vapor emitted by a burning substance  
16 Festival  
20 Juice pressed out of apples  
21 Instrument that measures time by channeling sand through a narrow opening  
22 December 25th
- 1 Hearth  
2 Without warmth  
4 Tapered spike of ice  
8 Hand covering  
9 Jewish eight-day festival  
10 Freezing rain  
11 Twelfth month of the year  
15 Day on which ordinary business is suspended  
17 Ice crystals formed into flakes  
18 African-american festival celebrating family, community, and culture  
19 Process of freezing water

\*SOLUTION ON PAGE 11



Good For A Laugh !



## 43rd Annual Conference on Aging

The Conference on Aging will be a virtual event including plenary sessions, workshops, and presenter discussions. Entertainment is scheduled throughout the conference.

Wednesday  
November 17, 2021

8:30 am ~ 10:30 am  
Plenary Session  
11:00 am ~ 12:00 pm  
Workshops  
12:00 pm ~ 1:00 pm  
Lunch Presentation  
1:00 pm ~ 2:00 pm  
Workshops

Thursday  
November 18, 2021

8:30 am ~ 10:30 am  
Plenary Session  
11:00 am ~ 12:00 pm  
Workshops  
12:00 pm ~ 1:00 pm  
Lunch Presentation  
1:00 pm ~ 2:00 pm  
Workshops

## CONTACT

[1-800-432-2080](tel:1-800-432-2080)

Email with conference questions:

[ALTSD-COA@state.nm.us](mailto:ALTSD-COA@state.nm.us)





**WE WOULD LIKE TO RECOGNIZE AND EXPRESS OUR GRATITUDE TO THE FOLLOWING ORGANIZATIONS AND DONORS FOR THEIR ASSISTANCE AND GENEROSITY IN PROVIDING FOOD BASKETS TO NEEDY FAMILIES IN THE BELEN SCHOOL DISTRICT.**

**\* ST. VINCENT DE PAUL OF BELEN**

**\* FIRST PRESBYTERIAN CHURCH OF BELEN \* CITY OF BELEN STAFF**

**\* JOE SAIZ \* DR. MARTIN LUTHER KING JR. MULTI-CULTURAL COMMISSION**

**\* BELEN MOOSE LODGE \* BELEN AREA FOOD PANTRY \* AND PRIVATE DONORS**



**IT IS BECAUSE OF THESE GENEROUS DONATIONS THAT WE ARE ABLE TO PROVIDE NUMEROUS FOOD BASKETS TO NEEDY FAMILIES.**

***Thank you so much for your support!***

*A Special  
Thank You*

### **Pruitt's Fruit Orchard**

**505-870-1620**

**We would like to say thank you for your donation of fresh picked delicious peaches and apples. Your donation put a smile on the faces of our seniors as we distributed during the lunch time drive through.**

***We Appreciate Your Generous Donation!***



***Thank you***

**DONNA PRITCHARD**

**505-918-1975**

**for your beautiful handmade donations of face masks, jackets, and grocery bag holders. Your beautiful creations are greatly appreciated and treasured!**

***Thank you***

**Costanza Orchard**

**505-864-1621**

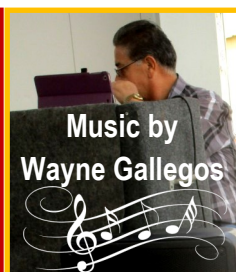
**graciously donated fresh apples from their orchard. The apples were distributed to our Valencia County seniors. Thank you for your donation and support. You are appreciated!**







Senior Day at the County Fair was a great success with lots of activities, music, and dancing. RSVP joined in handing out free cotton candy, face masks, and hand sanitizer.



## Senior Day At The County Fair



## Volunteer Opportunity in Valencia County



AARP Foundation Tax-Aide is looking for volunteers to assist with Tax Preparation for Low to Middle Income Seniors and Valencia County residents.

### IF YOU LIKE:

- Preparing your own taxes
- Helping others prepare taxes or gather needed tax documents
- Making online appointments for tax assistance
- Speak a second language

**YOU ARE THE TYPE OF VOLUNTEER WE ARE LOOKING FOR**

If you would like to become a Tax-Aide volunteer call

**505-966-6803**

for assistance in registering.

You will be contacted by phone once you have submitted your application.

To learn more about the volunteer opportunities for AARP Foundation Tax-Aide and the tax training available in Valencia County, please call **505-966-6803**

Help your neighbors get the tax credits they deserve



**\*Must be  
in the  
Belen  
School District**

# Thanksgiving Food Basket Applications

**WEDNESDAYS - THURSDAYS - FRIDAYS ONLY**

**1:00pm ~ 4:00pm**



**October 6, 2021 to November 19, 2021**

**The Retired Senior Volunteer Program (RSVP) will be taking applications to help those in need with a Thanksgiving Food Basket**

**\* Limited  
to the number of baskets available  
From there on,  
names will be placed  
on a waiting list**

**Please provide the following:**

- ~ **Proof of Income**
- ~ **Proof of Residence**
- ~ **ID**
- ~ **Birth Certificate or Medicaid Card for each child in household**

**Bertha Flores  
RSVP Director  
505-966-2567**

**If you would like to make a donation to fill  
Thanksgiving Baskets, please bring your  
non-perishable goods to:**

**RSVP Office  
719 S Main Street, Belen NM**

**Cindy Lu Hurbina  
RSVP Assistant  
505-966-2566**

## **Retired and Senior Volunteer Program**

### **RSVP**

**719 S. Main Street, Belen**

**There are 254 seniors volunteering in Valencia County. We have 25 volunteer sites that include: Senior Centers, Del Rio Project Center, St. Vincent De Paul Thrift Store, Center for Ageless Living, the Belen Harvey House Museum, and many more.**

**If you would like to learn more about our program pick up a Handbook in the office or call:**

**Bertha Flores                      505-966-2567**

**Or**

**Cindy Lu Hurbina                505-966-2566**

## **Bosque Farms Community Center**

**950 N Bosque Loop, Bosque Farms, NM**

**Come Join us for Zumba  
Mon. & Wed. at 6:30 pm and Sat. at 8:00 am  
(Days and Times are subject to change.)**

**Senior Meals 60+  
Monday-Friday 12:00 pm  
Suggested donation per meal is \$2  
Please reserve meals at least 24 hours in advance.  
Crafts may have a supply fee or bring your own supplies.  
Donations are taken at the door for evening and weekend musical events.**

**For more information contact:**

**Rose Poitras 505-869-5133  
[ccdirector@bosquefarmsnm.gov](mailto:ccdirector@bosquefarmsnm.gov)**



# November 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 ALL SAINTS DAY	2 	3	4	5	6
7 DAYLIGHT SAVING TIME ENDS	8	9	10	11 VETERANS DAY RSVP CLOSED	12	13
14	15	16	17	18	19	20
21	22	23	24	25 <i>Happy Thanksgiving!</i> RSVP CLOSED	26 BLACK FRIDAY RSVP CLOSED	27
28 HANUKKAH BEGINS AT SUNSET	29	30				

# December 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5  International VOLUNTEER DAY	6 HANUKKAH ENDS	7 	8 FEAST OF THE IMMACULATE CONCEPTION	9	10	11
12 DAY OF THE VIRGIN OF GUADALUPE	13	14	15	16	17	18
19	20	21 <i>Hello + WINTER</i>	22	23	24  RSVP CLOSED	25 <i>Merry Christmas</i>
26	27	28	29	30	31 NEW YEAR'S EVE RSVP CLOSED	



# January 2022

SUN	MON	TUE	WED	THU	FRI	SAT
						1 
2	3	4	5	6	7	8
9 	10	11	12	13	14	15
16	17  RSVP CLOSED	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



  
**Save the Date!**  
**2022 World's Largest Matanza**  
**Saturday, January 29, 2022**  
**7 am-3 pm**

**Central New Mexico Housing  
Corporation Is Now Accepting  
Applications for the  
New Mexico  
Energy\$mart Program**

**Call Today**  
**505-345-4949**  
**or Toll Free**  
**1-855-345-4949**

[www.centralnmhousing.org](http://www.centralnmhousing.org)

**Applications Can Be Picked Up At:**

**RSVP**  
**(Next to the Belen Senior Center)**  
**719 S Main Street**  
**Belen, NM**  
**505-966-2567**

# ECHO

## CSFP Program

**Belen Community Center**  
 (Next to Belen High School)  
 305 Eagle Lane  
 Belen, NM 87002



# FREE FOOD FOR SENIORS 60 AND OLDER

Household Size	Maximum Monthly Gross Income	Maximum Yearly Gross Income
1	\$1,396	\$16,752
2	\$1,888	\$22,656
3	\$2,379	\$28,548
4	\$2,871	\$34,452

To Register, Please Bring:

**8:00 a.m. to 12:00**

- ~ Picture ID
- ~ Proof of age. Must be at least 60 years old
- ~ New Mexico Residency
- ~ Current year income for entire household REQUIRED

**November 9th**

**December 7th**

For more Information  
call

**Belen RSVP Office**  
**Bertha Flores**

**505-966-2567**

**or**

**Cindy Lu Hurbina**

**505-966-2566**

## **Belen Area Food Pantry Is Distributing Food Boxes To Families In Need**

**TUESDAYS AND THURSDAYS 8:00 am — 11:00 am**

**\*\*\* Limited to 72 Boxes Per Day \*\*\***

**Belen Area Food Pantry**  
**201 S 3rd Street**  
**Belen, NM 87002**

- **ID REQUIRED**
- **PROOF OF RESIDENCE**
- **MUST BE IN THE BELEN SCHOOL DISTRICT**

For Information Call  
 Mid-Rio Grande RSVP  
**505-966-2567**



*Event is free!  
Donations  
are always  
welcome.*

# Bugg Light Museum

## 513 Becker Ave

## Belen, NM 87002

**WE ARE LOOKING  
FORWARD  
TO OUR 2021 SEASON**



### Hours of Operation

12:00 pm to 5:00 pm Friday-Saturday (until further notice)

\*Outside display will be available November 28 thru December 31



Get into the holiday spirit at The Bugg Lights Indoor and Outdoor Holiday Display. Come enjoy the continuing tradition of one man's dream, Norman Bugg. View all his innovated displays plus many twinkling surprises. Walk through the grounds and see what awaits you. From the Green Aliens to the Charlie Brown Gang, there is something for everyone.



[www.dps.nm.gov/silver-alert-information](http://www.dps.nm.gov/silver-alert-information)  
[www.nmaging.state.nm.us/silver-alert.aspx](http://www.nmaging.state.nm.us/silver-alert.aspx)

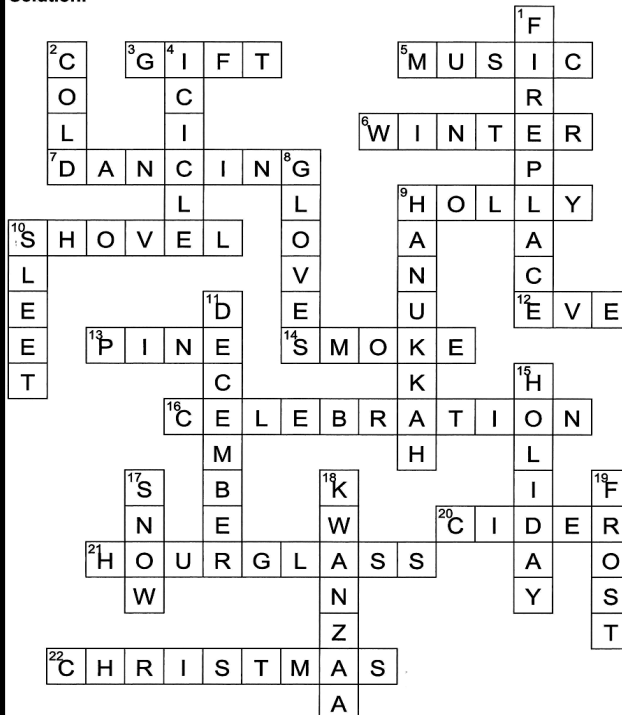
A Silver Alert is a notification that is sent out statewide, similar to an Amber Alert. This notification is used when:

- ◆ A loved one goes missing
- ◆ Is an endangered person 50 years or older
- ◆ An endangered person with a clear indication the individual suffers from Alzheimer's disease or another form of dementia, of any age.

For more information contact  
NM Aging and Long Term Services Department  
**1-800-432-2080**

### DECEMBER

Solution:



Find us on Facebook at

<https://www.facebook.com/Belen-RSVP-274996122966821/>

Find us on the City of Belen Web-site at

<https://www.belen-nm.gov/departments/senior-living-rsvp/>

**Bertha Flores**  
**RSVP Director**  
**505-966-2567**

[bertha.flores@belen-nm.gov](mailto:bertha.flores@belen-nm.gov)

**Cindy Lu Hurbina**  
**RSVP Assistant**  
**505-966-2566**

[cindy.cowan@belen-nm.gov](mailto:cindy.cowan@belen-nm.gov)



Join Us!  
*Honoring All Who Served*  
**VETERANS DAY**

**THURSDAY, NOVEMBER 11, 2021, 11 AM**

★ ★ ★ DANIEL FERNANDEZ PARK ★ ★ ★

1103 HWY 314

LOS LUNAS, NM 87031

**FELLOWSHIP & FOOD**

HOSTED BY



Small Community • Big Possibilities

**VILLAGE  
OF  
LOS LUNAS**

**RAKS**  
BUILDING SUPPLY



**LIVE, INC.**



**VALENCIA  
COUNTY**