

# **Retired Senior Volunteer** **Program (RSVP) Newsletter**

719 S Main St. Belen NM



## **RSVP Health Fair**

**Date: Friday, September 28th, 2018**

**Time: 10:00am to 2:00pm**

**Where: The Belen Business Center (Next to the Belen Senior Center)**

**Please come join us for our 2nd annual RSVP Health Fair. We are going to have some great vendors and health care providers who can give you valuable information and answer your questions about health insurance and general health issues. Including:**

**AARP**

**Delta Dental**

**Aging & Disability Resource  
Center**

**NM Dept. of Veterans  
Services**

**AND SO MANY MORE VENDORS!!**

**Door prizes will be given throughout this event.**

# *Father's Day Dance*



**Wayne Gallegos was the Dj for the Father's Day dance. He donated his time to the seniors.**

**The Senior Center has regular dances on Tuesdays from 10am to 12pm. RSVP and the Older Americans Program work together in making the holidays in each month special for our seniors. If they are going to have a special dance day you can pick up a flyer at the Senior Center or you can find out by calling the RSVP at 505-966-2567.**



# *The 4th of July Appreciation and pinning for our veterans dance at the Belen Senior Center*



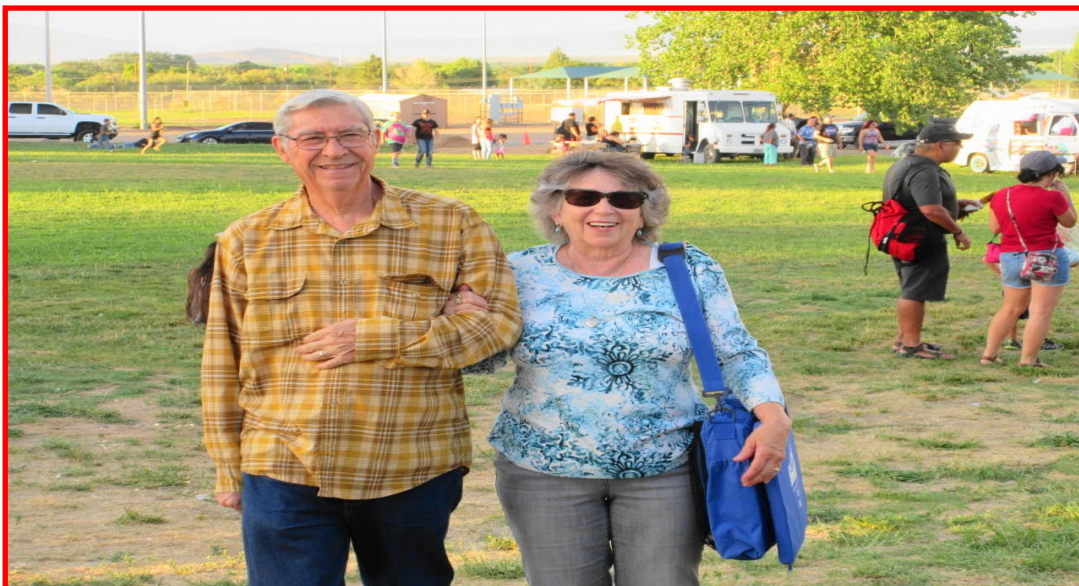


# *All American Celebration*

## *RSVP Recruitment*



RSVP Director Bertha Flores and her daughters Ashley and Lupita



One of the RSVP Board Members Pearl Lucero and her husband Herman Lucero

# October

Page 5

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Belen Senior Center Dance	3 Fred Luna Senior Center Dance	4 Del Rio Senior Center Dance	5	6
7	8 Columbus Day	9 Belen Senior Center Dance	10 Fred Luna Senior Center Dance	11 Del Rio Senior Center Dance	12	13
14	15	16 Belen Senior Center Dance	17 Fred Luna Senior Center Dance	18 Del Rio Senior Center Dance	19	20
21	22	23 Belen Senior Center Dance	24 Fred Luna Senior Center Dance	25 Del Rio Senior Center Dance	26	27 Navy Day
28 Mother-In-Law Day	29	30 Belen Senior Center Dance	31 Fred Luna Senior Center Dance Halloween			

# November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Del Rio Senior Center Dance All Saints Day	2 All Souls Day	3
4 Day Light Saving Time Ends (at 2am)	5	6 Belen Senior Center Dance Election Day	7 Fred Luna Senior Center Dance	8 Del Rio Senior Center Dance	9	10 Marine Corps Day
11 Veterans Day	12	13 Belen Senior Center Dance	14 Fred Luna Senior Center Dance	15 Del Rio Senior Center Dance	16	17
18	19 Mexican Revolution Day	20 Belen Senior Center Dance	21 Fred Luna Senior Center Dance	22 Thanksgiving	23	24
25	26	27 Belen Senior Center Dance	28 Fred Luna Senior Center Dance	29 Del Rio Senior Center Dance	30	

# December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Advent begins, Hanukkah begins at sunset	3	4 Belen Senior Center Dance	5 Fred Luna Senior Center Dance	6 Del Rio Senior Center Dance	7 Pearl Harbor Day	8 Feast of the Immaculate Conception
9	10	11 Belen Senior Center Dance	12 Fred Luna Senior Center Dance Feast of the Virgin of Guadalupe	13 Del Rio Senior Center Dance	14	15
16	17	18 Belen Senior Center Dance	19 Fred Luna Senior Center Dance	20 Del Rio Senior Center Dance	21 Winter Begins at 3:23pm	22
23	24	25 Christmas Day	26 Fred Luna Senior Center Dance	27 Del Rio Senior Center Dance	28	29/30/31 New Year's Eve



# Thanksgiving Basket Applications

Starting October 3, 2018

to November 14, 2018 or

**Limited to the number of baskets available; after that number is reached you will be placed on a waiting list.**

Every Wednesday, Thursday and Friday from 1:00pm till 4:00pm

The Retired Senior Volunteer Program (RSVP) will be taking applications to help the needy with a Thanksgiving Basket

(Must be in the Belen School District)

## Requirements

- **Proof of Income**
- **Proof of Residence**
- **ID**
- **Birth Certificate or Medicaid Card for each Child in household**

For any questions please call

Bertha Flores at 505-966-2567 or Seleena Carrillo at 505-966-2566



## Pumpkin Fluff Dip

- 1 (16 ounce) container frozen whipped topping, thawed
- 1 (5 ounce) package instant vanilla pudding mix
- 1 (15 ounce) can solid pack pumpkin
- 1 teaspoon pumpkin pie spice

In a large bowl, mix together instant vanilla pudding mix, pumpkin and pumpkin pie spice. Fold in the thawed frozen whipped topping. Chill in the refrigerator until serving.

RSVP Director Bertha Flores attended a CNCS conference in Washington, DC where she participated in a variety of workshops and obtained very useful information for the RSVP program.



## **RSVP Promotes Becker Avenue Banner Project**

RSVP proudly announces its partnership with "Belén Blooms", a Streetlight Art Banner Contest to promote area artists and brighten Becker Avenue.

Twenty banners will be selected to hang from Becker Avenue streetlights from April through October 2019. The banners will feature artwork devoted to flowers.

"Belén Blooms" is a free contest that is open to any Valencia County artist 18 years old or older who works in oils, acrylics or watercolors. It will be a juried art competition; the top three artists will win cash prizes: \$200 for 1<sup>st</sup>, \$150 for 2<sup>nd</sup> and \$100 for 3<sup>rd</sup>.

"This is definitely something Belén needs and I'm one-hundred percent behind it," said project manager Mike Moreno. "It's a great way to bring our community and our talent together," he said, "and a great way to show it off."

Moreno, an artist himself, encourages participating artists to use their imagination "to make incredible art." As he put it, "Be bold!"

RSVP Director Bertha Flores said "We're excited to be part of this project to brighten Becker Street."

Other groups supporting the banner project include the Belén Art League, the Valencia Art Center, the Camino Real 8 and Tomé Gallery.

"Belén Blooms" is sponsored by the Belén Main Street Partnership and the City of Belén.

For more information or to obtain an entry form, contact project organizers at [belenblooms19@gmail.com](mailto:belenblooms19@gmail.com). You can also stop by the RSVP office or the Chamber of Commerce.

### **Senior Day at the County Fair August 12th**



### **Retired and Senior Volunteer Program (RSVP)**

There are 237 seniors volunteering all over Valencia County. We have 25 volunteer sites that include: Senior Centers, Del Rio Project center, St. Vincent De Paul Thrift Store, Center for Ageless Living, the Belen Harvey House Museum and many more. We have two new volunteer site; Center for Ageless Living and Meadow Lake Senior Center. If you would like to learn more about our program pick up a Handbook in the office or call Bertha Flores at 505-966-2567 or Seleena Carrillo at 505-966-2566

# HAPPY BIRTHDAY

## October, November and December Birthdays

Salvador Alvarado	10/18	Lorri Ederlein	11/25	Faith Ferguson	12/29
Linda Apodaca	10/23	Rose Esquivel	11/20	Corrine Finch	12/16
Annabelle Barela	10/21	Jean George	11/13	Sandra Fleming	12/20
Robin Carlson	10/25	Frances Griego	11/5	Shirley Francis	12/24
Beatrice Chavez	10/29	Isabel Guerra	11/19	Annie Garcia	12/3
Myra Gaede	10/24	Tom Hersherberger	11/4	Ida Garley	12/30
Lydia Gurule	10/5	Harry Joseph	11/24	Bonnie Gemoets	12/6
Martha Henderson	10/18	Nancy Kent	11/19	Linda Haverty	12/6
Karen Hicks	10/26	Willie Martinez	11/6	Guadalupe Hernandez	12/10
Alma Leona Hughes	10/15	Patricia Messimer-Thom	11/5	Jerry Jaramillo	12/8
Alicia Mora	10/13	Sylvia Montoya	11/26	Darlene Kemp	12/21
Elsie Sachs	10/5	Bettie Moore	11/25	Quentin Lawson	12/9
Frances Samlick	10/25	George Murillo	11/4	Herman Lucero	12/13
Jeanne Yorke	10/3	Donna Nicholas	11/23	Perla Martinez	12/3
Janet Zimmerman	10/2	Mary Rau	11/21	Linda Maxwell	12/9
Shirley Atencio	11/11	Nancy Roselli	11/27	Gloria McMaster	12/19
Thomas Bradley	11/4	Margie Snare	11/25	Linda Powroznick	12/9
Patricia Carter	11/15	Alan Casey	12/13	Dolores Santiago	12/29
Mary Lou Chavez	11/17	Michael Chavez	12/7	Bernadette Torres	12/22
Veronica Chavira	11/30	Thomas Driber	12/21	Gloria Torres	12/13
Frank Cox	11/9	Priscilla Ebert	12/11	Susan Walton	12/31

Retired Senior Volunteer Program

E-Mails

bertha.flores@belen-nm.gov

Bertha Flores, Director

505-966-2567

Seleena Carrillo, Assistant

505-966-2566

8:00 AM - 5:00 PM

seleena.carrillo@belen-nm.gov

Find us on Facebook at

<https://www.facebook.com/Belen-RSVP-274996122966821/>

Find us on the City of Belen Web-site—

<http://www.belen-nm.gov/senior-living-rsvp.aspx>

Created By:

Seleena Carrillo