

Retired Senior Volunteer Program (RSVP) Newsletter

719 S Main St., Belen NM

A look back at some of our 2019 Senior Citizens' events 2019



RSVP Annual Health Fair



**The Veterans Memorial Center is still accepting
Brick applications and Veterans pictures.**

**Applications for the bricks can be picked up at the
Belen Veteran Center (305 Eagle Ln Belen) and
Belen Business Center (719 S Main St. Belen)**

Bricks cost \$40.00 per brick.

**All veterans' pictures are placed at the information center at no
cost. Each photo should be in an 8 x 10 black frame.**

**For any question, please call Frank Ortega at 505-966-2664 or
Bertha Flores at 505-966-2567**

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Belen Senior Dance 10am	2	3 Del Rio Senior Center Dance 10am	4	5
6	7	8 Belen Senior Dance 10am Yom Kippur begins at sunset	9	10 Del Rio Senior Center Dance 10am	11	12
13 Sukkot begins at sunset	14 Columbus Day CLOSED	15 Belen Senior Dance 10am	16	17 Del Rio Senior Center Dance 10am	18	19
20	21	22 Belen Senior Dance 10am	23	24 Del Rio Senior Center Dance 10am	25	26
27 Mother-in-law Day Navy Day	28	29 Belen Senior Dance 10am	30	31 Del Rio Senior Center Dance 10am		

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 All Saints Day. Day of the Dead	2 All Souls Day Day of the Dead
3 Daylight Saving Time ends at 2am	4	5 Belen Senior Dance 10am Election Day	6	7 Del Rio Senior Center Dance 10am	8	9
10 Marine Corps Day	11 Veterans Day CLOSED	12 Belen Senior Dance 10am	13	14 Del Rio Senior Center Dance 10am	15	16
17	18 Mexican Revolution Day	19 Belen Senior Dance 10am	20	21 Del Rio Senior Center Dance 10am	22	23
24	25	26 Belen Senior Dance 10am	27	28 Thanksgiving CLOSED	29 Belen city offices CLOSED	30

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Advent begins	2	3 Belen Senior Dance 10am	4	5 Del Rio Senior Center Dance 10am	6	7 Pearl Harbor Day
8 Feast of the Immaculate Conception	9	10 Belen Senior Dance 10am	11	12 Del Rio Senior Center Dance 10am	13	14
15	16	17 Belen Senior Dance 10am	18	19 Del Rio Senior Center Dance 10am	20	21 Winter begins at 9:19pm
22 Hanukkah begins at sunset	23	24 Belen Senior Dance 10am	25 Christmas Day CLOSED	26 Del Rio Senior Center Dance 10am	27	28
29	30	31 Belen Senior Dance 10am New Year's Eve				


HAPPY BIRTHDAY

To all in October, November and December



Green Chile Stew

yummy

2 pounds ground beef
 1 onion (chopped)
 1 (15.5 ounce) can hominy (do not drain)
 1 ½ cups corn (frozen)
 3 large potatoes (peeled and cubed)
 1 (7 ounce) can green Chile (chopped)
 1 (7 ounce) can prepared green salsa
 1 (14.5 ounce) can tomatoes (canned diced, undrained)
 3 cups water (or to taste)

1. Place the ground beef and onion in a large skillet over medium heat, and cook and stir until the beef and onion are browned, 10 to 15 minutes. Break the meat apart as it cooks. Drain excess fat.
2. Place the browned beef mixture into a soup pot, and stir in hominy, corn, potatoes, green chilies, salsa, diced tomatoes, and water. Bring to a boil over medium heat, and reduce heat to a simmer. Cook until the potatoes are tender, about 30 minutes, stirring occasionally.

Fathers Day Breakfast



New Member of RSVP Advisory Council

RSVP is pleased to announce that Nancy Gonzales, Valencia County's director of the Older Americans Program, has been appointed to the RSVP advisory council. Congratulations, Nancy, and welcome!

The 4th of July celebration and pinning of our Veterans, Honored Guards



Thanksgiving Basket Applications

Starting October 9th, 2019 to November 13, 2019 or

Limited to the number of baskets available; after that number is reached you will be placed on a waiting list.

Every Wednesday, Thursday and Friday from 1:00pm till 4:00pm ONLY!

RSVP will be taking applications to help the needy with a Thanksgiving Basket

(Must be in the Belen School District)

Requirements

- Proof of Income
- Proof of Residence
- ID
- Birth Certificate or Medicare Card for each Child in household

For any questions please call Seleena Carrillo at 505-966-2566 or Bertha Flores at 505-966-2567

Retired and Senior Volunteer Program (RSVP)

There are 269 seniors volunteering all over Valencia County. We have 25 volunteer sites that include: Senior Centers, Del Rio Project center, St. Vincent De Paul Thrift Store, Center for Ageless Living, the Belen Harvey House Museum and many more.

ALL volunteers are eligible for reimbursement for travel up to 25 cents per mile.

If you would like to learn more about our program pick up a Handbook in the office or call Bertha Flores at 505-966-2567 or Seleena Carrillo at 505-966-2566.

Senior Corps Pledge

I will get things done for America— to make our people safer, smarter and healthier.

When faced with a pressing challenge, I will bring Americans of all generations together to strengthen our communities.

When faced with children at risk, I will help them stay in school and on track for a brighter future.

When faced with older adults in need, I will provide support and compassion so they may age with grace and dignity.

Working for the greatest good, I will use my lifetime of experiences to improve my country and myself through service.

I am a Senior Corps (RSVP, Foster Grandparent, Senior Companion) volunteer, and I will get thing done.

Retired Senior Volunteer Program Office Information

Find us on Facebook at

<https://www.facebook.com/Belen-RSVP-274996122966821/>

Find us on the City of Belen Web-site—

<http://www.belen-nm.gov/senior-living-rsvp-.aspx>

Bertha Flores, Director

505-966-2567

bertha.flores@belen-nm.gov

Seleena Carrillo, Assistant

505-966-2566

seleena.carrillo@belen-nm.gov

Created By:

RSVP Staff