

RSVP

Belen Business
Center
719 South Main
Belen NM 87002
(Next to Belen
Senior Center)

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RSVP NEWSLETTER

Volume 9, Issue 1, 2018

Mid-Rio Grande

Sewing Ladies of Del Rio Senior Center 351 Rio Communities Blvd Rio Communities, NM

The sewing ladies at the Del Rio Senior Center have been working together for many years making quilts and blankets to be sent to military personnel overseas. They use any material at hand, such as fabric donated to the Del Rio Senior Center (including material that RSVP director Bertha Flores is able to obtain by hook or by crook), as well as material they purchase. Donations of material for their work is always appreciated and can be dropped off at the center.

The current members of this tight "knit" group are Pearl Lucero, Mary Chavez, Fillie Baca, Shirley Atencio, Anna Pappas and Mella Taylor. The current members of the sewing ladies miss their fellow sewers Mildred Hammer, Bert West, Lois Pettis and Dee Hull, who have passed away or are very ill but who also contributed to this activity that they all love and enjoy doing together.

See page two of this newsletter for a letter received by the sewing ladies from a service member who served in Afghanistan and who was a beneficiary of a beautiful quilt made by the sewing ladies of the Del Rio Senior Center.

For more information about the sewing ladies and how you can help them in their work please call the Del Rio Senior Center at 864-7500.

Pictured below are the current members of the sewing ladies, from left to right, Mela Taylor, Pearl Lucero, Mary Chavez, Fillie Baca and Anna Pappas. Not shown, Shirley Atencio. In photo on right, Shirley Atencio and Pearl Lucero are shown hard at work on a new quilt.



**"We
make a
living by
what we
get.**

**We
make a
life by
what we
give."**

— Winston S.
Churchill

Sewing Ladies of Del Rio Senior Center

We would like to share a letter the sewing ladies got from a soldier and how it touched their hearts.

"My name is Tara Schneider Alston and I was in the US Army (Medically Retired in 2013). In October of 2009 while stationed in Germany, I deployed to Afghanistan for 1 year. This was my first and only deployment. My husband was also in the same unit as I was so we deployed together. We were not married when we deployed and actually got married during our R & R (Rest and Relaxation). We spent those two weeks in Texas with both our families to get married. We then went back to Afghanistan to finish out the last 6 months of our deployment.

My husband and I used to love going to the Chaplin's office because he always had items (from hygiene to candy to socks and blankets) for soldiers. Well, my husband found this BEAUTIFUL QUILT in the Chaplin's office and he knew it was meant for me. He knew red was my favorite color and I just loved it very much!! I loved this blanket so much that I couldn't bare (bear) using it to get it dirty. Therefore, I placed it in a zip-lock bag and used it as my pillow for the rest of the deployment.

I just happened to be looking at my quilt one day and that's when I noticed the tag. I saw the list of ladies who made this blanket for a soldier. "WELL, I WAS THAT SOLIDER!" So after searching the internet, I found the RSVP Newsletter for June 2014 and who do I see on the front page....

Most of the ladies who signed my Quilt!!!!

I had "Aaron & Tara Alston (next line) OEF 10/2009 - 10/2010" embroidered on the Quilt.

I wanted to say that sometimes you don't know whose heart you touch. Just know you touched ours all the way in Afghanistan! So, Thank You. It sure is a BEAUTIFUL Quilt. We love it and the women who put their hearts into making it.

I wanted to send a picture from the front page of the June 2014 RSVP Newsletter and most certainly pictures of "My Quilt". I am also sending a picture of my husband, Aaron Alston and myself when we travelled across Afghanistan. Thank you all so much and GOD BLESS you and your circle of friends and all your families."

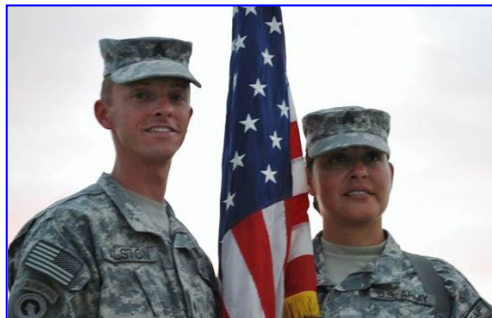
MY Warmest and Deepest Gratitude,

Aaron G. Alston & Tara S. Alston

Quilt the couple received while
in Afghanistan

Aaron & Tara Alston in Afghanistan

Tara & Aaron Alston in Afghanistan



RSVP Volunteer Luncheon

The annual lunch for RSVP volunteers will be held Friday, April 20th at the Belen Elks Lodge on route 314 north of Belen. You should receive a formal invitation prior to then. Volunteers will be admitted starting at 10 AM. Please bring the invitation with you to the luncheon. Guests of RSVP volunteers are welcome but there is a \$7 charge for each guest. The theme of this year's luncheon is **"Rock N Roll"**. For more information call Seleena at 966-2566 or by e-mail at

Seleena.Carrillo@belen-nm.gov

ECHO Belen 2018

2nd Tuesday of the month

8a.m. — 12p.m.

305 Eagle Ln Belen, NM

505-966-2700

(the Belen Rec. Center north of Belen High School)

January 9	July 10
February 13	August 14
March 13	September 11
April 10	October 9
May 8	November 13
June 12	December 11

Senior Day at the legislature

January 24th 2018



Belen Food Pantry

129 3rd Street Belen, NM

Open: Tuesdays and Thursdays

From: 10:00am to 12:00pm.

Medicare Cards:

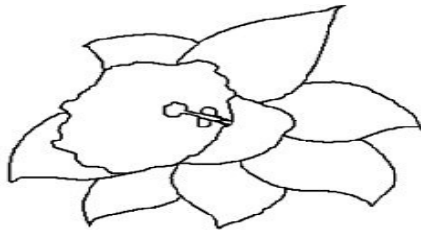
Starting in April, over the next year, Medicare recipients will be receiving new cards that include a Medicare number other than the recipient's social security number. The card can be used as soon as it is received. For more info call Medicare at 800-772-1213 or visit <http://go.medicare.gov/newcard>



Spring Word Search



daffodil
flower
gardening
green
growth
jacket
melting
puddle
rainbow



raindrops
rubberboots
seeds
splash
springtime
sprout
sunshine
tulips
umbrella

Martin Luther King, Jr. Day, January 15th at the Heart of Belen



Retired and Senior Volunteer Program (RSVP)

RSVP volunteers use their skills and experiences to make a difference in their communities. Volunteers help in libraries, food pantries, schools, and senior centers. They must be 55 years or older. So if you are 55 years or older and would like to make a difference in your community, please contact Bertha at 505-966-2567 or Seleena at 505-966-2566.

Valentine's Day Party at the Belen Senior Center.



Sausage Cake

- 1 pound Ground pork sausage
- 1 1/2 cups packed brown sugar
- 1 1/2 cups white sugar
- 2 eggs, beaten
- 3 cups sifted all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon ground ginger
- 1 teaspoon pumpkin pie spice
- 1 cup cold, strong, brewed coffee
- 1 cup raisins
- 1 cup chopped walnuts

Preheat oven to 350 degrees F (175 degrees C) grease and flour a 9 inch Bundt pan. Pour boiling water over raisins and let stand 5 minutes. Drain well and dry raisins with a cloth towel.

1. In large bowl, combine sausage, brown sugar and white sugar. Stir until mixture is well blended. Add eggs and beat well.
2. In a separate bowl, sift together flour, ginger, baking powder and pumpkin pie spice.
3. Stir baking soda into coffee.
4. Add flour mixture and coffee alternately to sausage mixture, beating well after each addition. Fold raisins and walnuts into cake batter. Pour batter into greased and floured 9 inch Bundt pan. Bake at 350 degrees F (175 degrees C) for 1 1/2 hours or until toothpick inserted into cake comes out clean. Cool in pan 15 minutes, then turn out onto wire rack.

April

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 April Fool's Day and Easter Sunday	2	3 Belen Senior Center Dance	4 Fred Luna Senior Center Dance	5 Del Rio Senior Center Dance	6	7
8	9	10 Belen Senior Center Dance	11 Fred Luna Senior Center Dance	12 Del Rio Senior Center Dance	13	14
15	16	17 Belen Senior Center Dance Deadline to file Tax returns	18 Fred Luna Senior Center Dance	19 Del Rio Senior Center Dance	20	21
22 Earth Day	23	24 Belen Senior Center Dance	25 Fred Luna Senior Center Dance Administrative Professionals Day	26 Del Rio Senior Center Dance	27	28
29	30					

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Belen Senior Center Dance	2 Fred Luna Senior Center Dance	3 Del Rio Senior Center Dance	4	5 Cinco De Mayo
6	7	8 Belen Senior Center Dance V-E Day	9 Fred Luna Senior Center Dance	10 Del Rio Senior Center Dance	11	12
13 Mother's Day	14	15 Belen Senior Center Dance	16 Fred Luna Senior Center Dance	17 Del Rio Senior Center Dance	18	19 Armed Forces Day
20 Feast of Pentecost	21	22 Belen Senior Center Dance	23 Fred Luna Senior Center Dance	24 Del Rio Senior Center Dance	25	26
27	28 Memorial Day	29 Belen Senior Center Dance	30 Fred Luna Senior Center Dance	31 Del Rio Senior Center Dance		

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Belen Senior Center Dance	6 Fred Luna Senior Center Dance	7 Del Rio Senior Center Dance	8	9
10	11	12 Belen Senior Center Dance	13 Fred Luna Senior Center Dance	14 Del Rio Senior Center Dance Flag Day	15	16
17 Father's Day	18	19 Belen Senior Center Dance	20 Fred Luna Senior Center Dance	21 Del Rio Senior Center Dance Summer Begins at 4:07am	22	23
24	25	26 Belen Senior Center Dance	27 Fred Luna Senior Center Dance	28 Del Rio Senior Center Dance	29	30

HAPPY BIRTHDAY

April, May and June Birthdays

Troyce Aycox	4/9	Barbara Bransky	5/22	Joan Arvizu	6/13
Ann Bebault	4/18	Maria Alicia Cordova	5/15	Donna Baca	6/16
Angela Blasi	4/14	Charlene Davis	5/5	Debora Bellinger	6/6
Mary Bradley	4/18	Roxyann Davis	5/2	Carol Ann Booker	6/1
Lloyd Colson	4/10	Barbara Franklin	5/15	Joe Ray Carrillo	6/3
Georgia Eddy	4/26	Lala Gabaldon	5/11	Bruce Coleman	6/13
Patrick Garcia	4/4	Mary Hafn	5/8	Flora Cruz	6/20
Terry Gray	4/25	Dee Hull	5/7	Pearl Dunigan	6/28
Robert Hasse	4/20	Mary Jaramillo	5/13	Doris Duran	6/30
Patty Herrington	4/16	Robert Manasco	5/2	Diane Figge	6/4
Barbara Hinojos	4/19	Veronica Matsu	5/21	Toni Gonzales	6/9
Susan Moran	4/3	Ethelena Mims	5/4	Anna Marie Herrera	6/14
Jesse Poland	4/4	Jo A Richert	5/30	Manuel Rodriguez	6/17
Alice Rivera	4/27	Sisto Sanchez	5/10	Vincent Angelo Roselli	6/4
Rowena Santos	4/25	Harmon Stotts	5/31	Elizabeth Schmitz	6/24
Dennis Siler	4/5	Dorothy Vaughan	5/21	Toma Shaver	6/19
Aurora Somera	4/1	Keith Vollmer	5/28	Peggy Winters	6/3
Teofilo Soto	4/21	Phyllis Young	5/20		

RSVP Office

Bertha Flores, Director
505-966-2567
Seleena Carrillo, Assistant
505-966-2566
719 S Main St . Belen NM 87002

E-Mails

bertha.flores@belen-nm.gov
seleena.carrillo@belen-nm.gov

RSVP Office Hours
8:00 AM - 5:00 PM

Created By:

Seleena Carrillo