

ST. LOUIS CONFERENCE

Bertha Flores, RSVP Director, was in St Louis at a conference on April 24-25, 2012. Below are a few pictures of St. Louis. The conference topic was on Financial and Grants Management. The Staff of RSVP is going to bring all records into compliance .I attended several sessions called, "Avoiding Common Issues and Pitfalls" This session will provided an overview of the common issues and pitfalls that have been found in CNCS-funded programs during Office of Inspector General (OIG) audits, CNCS monitoring and site visits, and other reviews. This session reviewed and explored various issues, including to some extent issues identified and discussed in greater depth in other sessions. Participants learned from other's experiences and how to take steps and establish systems or protocols to avoid or help prevent these types of issues within their organization. The class included National Service Criminal History. This Conference was presented by the Corporation of National & Community Service.



New Mexico Aging & Long-Term Services Dept.



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Upper Left: The Builders



Upper Right: The Court House



Mississippi River



St Louis Arch



Confetti Salad

- 1 Cup couscous
- 1 1/2 cups boiling water
- 3/4 cup diced zucchini
- 3/4 cup diced red bell pepper
- 3/4 cup fresh corn kernels (from about 2 ears)
- 1/2 cup diced celery
- 1/4 cup chopped fresh parsley
- Salt and pepper to taste

RANCH DRESSING

- 1/4 cup buttermilk
- 1/4 cup sour cream
- 1 tablespoon cider vinegar
- 3 tablespoons olive oil
- 2 tablespoons chopped fresh chives
- 1/8 teaspoon salt, or more to taste

INSTRUCTIONS

1. Measure the couscous into a medium bowl. Stir in the boiling water. Cover the bowl with plastic wrap and set it aside until the water is absorbed (about 10 minutes). Fluff the couscous with a fork and then let it cool to room temperature.
2. Add the zucchini, bell pepper, corn, celery, and parsley to the couscous and toss the mixture well.
3. Make the dressing by combining the buttermilk, sour cream, vinegar, and olive oil in a small bowl and vigorously whip the mixture. Stir in the chives and the salt.
4. Pour enough dressing over the couscous and vegetables to coat them lightly, then toss them again. Season the salad with salt and pepper, as you like. Place a pepper ring on each serving plate and fill it with the salad.



Mary Lou Romero passed away on May 20, 2012. She was a RSVP Volunteer. Work at the Belen Senior Center and Del Rio Senior Center. She loved to play bingo. Bingo was one of her favorite things to do and of course, she loved to go to the casinos. We will miss you, Mary Lou, R.I.P., thank you for all you did for RSVP and your family.



34th Annual New Mexico Conference on Aging

A Diverse Community: Exploring Options, Expanding Horizons

August 21-22, 2012

Conference Center
Hard Rock Hotel
and Casino



REGISTRATION INFORMATION

Conference Schedule • Registration Forms
Program Information • Lodging • Lunches

Additional forms are available on
the Department website:
www.nmaging.state.nm.us

Aging and Long-Term Services Department
1015 Tijeras NW, Suite 200
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505-222-4500 • 1-866-842-9230
Susana Martinez, Governor
Retta Ward, Cabinet Secretary
Gino Rinaldi, Deputy Secretary



C & M Ceramics

Native Owned and Operated

959 E Highway 314

Los Lunas NM 87031

Phone# 505-865-4333

Green-ware Bisque

CERAMICS SUPPLIES

Brushes

Decals

Cleaning tools

Paint (Parties for all ages)

Doll Supplies

Christmas Tree Supplies

CLASSES

Painting Classes

Gifts items

Martha and Charles Wallace have been RSVP Volunteers for over 2 years and are Volunteers at Fred Luna Senior in Los Lunas. Martha has just opened up a shop in Los Lunas. Drop by and paint and have fun with Martha and Charles .



June 2012

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 City of Belen Council Meeting 6:00pm	5	6	7	8	9
10	11	12 Belen Senior Center Dance 10-12	13 Fred Luna Senior Center 10-12	14 Del-Rio Senior Center 10-12	15	16
17	18 City of Belen Council Meeting 6:00pm	19 Belen Senior Center Dance 10-12	20 Fred Luna Senior Center 10-12	21 Del-Rio Senior Center Dance 10-12 Council meeting Village meeting	22	23
24	25	26 Belen Senior Center Dance 10-12	27 Fred Luna Senior Center 10-12	28 Del-Rio Senior Center Dance 10-12	29	30 th of July Celebration at the Heart of Belen

July 2012

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 City of Belen Council Meeting 6:00pm	3	4 City Hall Closed	5	6	7
8	9	10 Belen Senior Center Dance 10-12pm	11 Fred Lunas Senior Dance 10-12pm	12 Village of Los Lunas Council meeting	13	14
15	16 City of Belen Council Meeting 6:00pm	17 Belen Senior Center Dance 10-12pm	18 Fred Luna Senior Center Dance 10-12pm	19 Del-Rio Senior Center Dance 10-12	20	21
22	23	24 Belen Senior Center Dance 10-12pm	25 Fred Luna Senior Center 10-12pm	26 Village of Los Lunas Council meeting	27	28
29	30	31 Belen Senior Center Dance 10-12pm	Fred Luna Senior Center 10-12pm			



THE CITY OF BELEN WOULD LIKE TO INVITE YOU TO THE ANNUAL 4th OF JULY CELEBRATION IN THE HEART OF BELEN ON JUNE 30, 2012 (5:00PM-11:00PM) FOOD, MUSIC AND FIREWORKS!!!!

2012 HUB CITY MUSIC FEST ALL AMERICAN CELEBRATION

- | | |
|----------------|---|
| 5:00 pm | National Anthem Singing Contest
For Information call: 966-2742) |
| 5:30pm | S & A Dance Academy |
| 6:00 pm | Living Water Ministries |
| 6:30 pm | |
| 7:00 pm | Music by “Desert Street Band” |
| 7:30 pm | |
| 8:00 pm | Lori’s Boardwalk Gymnastics |
| 8:30 pm | |
| 9:00 pm | Fireworks!! |
| 9:30 -11:00 pm | Music by “Desert Street Band” |

Vangie Tafoya	07/01	Florentino Mascarena	08/30
Lupe Garcia	07/06	Rosalie Marquez	08/31
Lois Pettis	07/07	Jodi Miske	08/31
Donna Wink	07/07	Patricia Griego	09/01
Flo Chavez	07/12	Donald Hawes	09/01
Suzanne R. Reese	07/12	Rose Archuleta T	09/06
Domi Gabbart	07/13	Joe Arvizu	09/06
Hilda Hidalgo	07/13	Sofie Benavidez	09/07
Helen Abeyta	07/14	Linda Henson	09/09
Donald Burge	07/17	David Chavez	09/12
Rosa Chavez	07/19	Kay Bonney	09/14
John Padilla	07/23	Paul Hasse	09/17
Betty Barela	07/24	Luz Chavez	09/19
Mary Creighton	07/28	Helen Montoya	09/19
Martha Marquez	07/29	Peggy Kraushaar	09/20
Lillie McNabb	7/29	Patricia R. Fritts	09/21
Faye Tucker	08/02	Rosella Natzke	09/22
John DeCesare	08/07	Margie Zollan	09/22
Alice Hayes	08/15	Mildred Hammer	09/23
Andrea Camp	08/19	Pearl Lucero	09/23
Carmen Sanchez	08/19	Janice Leach	09/26
Gerald Baldock	08/20	James G. Rickey	09/26
Toni McDonald	08/23	Alice Torres	09/26
Clorinda Torres	08/23	Racy Bowersox	09/29
Marie Lacosa	08/24	Mary Hidalgo T.	09/29
Linda Brenner	08/26	Glenn W. Oliver	09/30
Sally U. Chavira	08/29		



*Wishing you the treasure of
happy yesterdays and
the gift of bright tomorrows
Happy Birthday!*